[Hospital number] [Name]



Please call:		Cellphone	Home	Work
My Mother [na	ime]			
My Father [na	me]			
My Partner [na	ame]			
My sister [nan	ne]			
My brother [na	ime]			

What day is it? What is the time? How did the operation go? Was everything successful? Please explain further... When will Dr [name] be here? Are there any doctors around? Hello Nurse / Doctor. What is your name? How long will I be in Intensive Care? I have a pain ... (point to it) Could I have some pain relief? Could I have some ice? I am too hot. I am too cold. I feel nauseated. I need a toilet / bed pan. Please don't bump the bed.

Dr [name]

Am I allowed to sit up / get up? Who are the flowers from? How is my cat / dog / child Who is feeding my cat / dog / child? Is there any mail / e-mail? Please fluff up my pillows. Please straighten / smooth my blankets. Please remove a blanket / pillow. Please gently rub my back. Please put my glasses on I off. Could you please clean my teeth? Could I have a tissue please? Please dim the lights. Could I have the lights on / off / out of my eyes? Please hold my hand (especially for needles!) Could I have some Vitamin A cream for my lips? Please wipe my face with a wet / dry cloth (hot / cold).